

Peers vs. Mentors

PEERS	MENTORS
• Provide support, advocate, and empower youth • Similar in age • Relatable both in age and youth culture • Speak from lived experiences • Empowers and supports youth to become successful adults who achieve their goals • Offers support for all needs • Interacts with the youth's natural supports on multidisciplinary team • Provides opportunities for growth and skill building	• Offers encouragement to youth • Typically older in age • Don't relate to youth culture • Focuses on supporting the growth and development of the mentee • Serves as a source of wisdom, teaching, and support • Does not focus on observing and advising on specific actions or behavioral changes • Serves as a personal advocate for youth in their personal life • Helps youth see the "end goal" but not necessarily a detailed map on how to get there